# IX EULAR Scientifically Endorsed Course on Systemic Lupus Erythematosus 

Pisa, Italy<br>May 12 ${ }^{\text {li }}$ - 17 $7^{\text {li, }}, 2019$




Course Chairpersons
Stefano Bombardieri, Marta Mosca

## eular

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The IX EULAR Scientifically Endorsed Course on Systemic Lupus Erythematosus is accredited by the Italian Ministry of Health, and has been granted 24 E.C.M. credits.

These credits may be claimed by medical doctors of the following specialties: immunology and allergology, internal medicine, rheumatology.

Pisa, Italy, May $12^{\text {th }}-17^{\text {th }}, 2019$

Organized in collaboration with EULAR
Standing Committee on Education and Training

## Faculty

Course Chairmen:
Stefano Bombardieri (Italy)
Marta Mosca (Italy)
T. Alexander (Germany)
F. Houssiau (Belgium)
J. Andersen (Denmark)
L. Andreoli (Italy)
M. Aringer (Germany)
L. Arnaud (France)
G. Bertsias (Greece)
A. Bortoluzzi (Italy)
I.N. Bruce (UK)
A. Canzona (Italy)
R. Cervera (Spain)
F. Conti (Italy)
A. Cornet (Belgium)
N. Costedoat-Chalumeau (France)
M. Cutolo (Italy)
A. Doria (Italy)
E. Elefante (Italy)
A. Fanouriakis (Greece)
R. Fischer-Betz (Germany)
A. Goules (Greece)
M. Govoni (Italy)
A. Kuhn (Germany)
P.L. Meroni (Italy)
P. Migliorini (Italy)
G. Moroni (Italy)
G. Orsolini (Italy)
M. Östensen (Norway)
M. Pickering (UK)
G. Ruiz-Irastorza (Spain)
M. Schneider (Germany)
Y. Shoenfeld (Israel)
V. Smith (Belgium)
F. Strigini (Italy)
C. Tani (Italy)
M. Tektonidou (Greece)
A. Tincani (Italy)
R. Voll (Germany)
A.E. Voskuyl (the Netherlands)
V. Werth (USA)

## Sunday, May 12 $2^{\text {th }}$

$14.00-16.00$
$\begin{array}{ll}16.00-16.30 & \text { S. Bombardieri } \\ 16.30-17.00 & \text { M. Mosca }\end{array}$
Patients perspective

| $17.00-17.30$ | A. Canzona |
| :--- | :--- |
| $17.30-18.00$ | J. Andersen |
| $18.00-18.30$ | A. Cornet |
| $18.00-18.30$ | M. Cutolo |

Arrival and registration of participants
Course presentation
ERN: a new frontier for rare and complex diseases

Welcome address from the patients organization A difficult journey: living with lupus Key learning from Lupus Europe Patient panels

Diet and rheumatic diseases: the importance of the Mediterranean diet

### 19.00 <br> Welcome reception and dinner

## Monday, May $13^{\text {th }}$

## Morning

Pathogenesis and therapeutic targets of SLE
Moderators: R. Voll, P. Migliorini

| $09.00-10.00$ | A. Doria |
| :--- | :--- |
| $10.00-10.30$ | M. Pickering |
| $10.30-11.00$ | R. Voll |

11.00-11.30 Coffee Break

| $11.30-12.00$ | P.Migliorini |
| :--- | :--- |
| $12.00-12.30$ | I.N. Bruce |
| $12.30-13.00$ | F. Houssiau |

## Afternoon

Kidney involvement
Moderator: M. Mosca

| $15.00-15.30$ | M. Tektonidou | Epidemiology and outcomes in lupus |
| :--- | :--- | :--- |
| $15.30-16.00$ | G. Moroni | nephritis |
|  |  | Clinical features and biomarkers in lupus <br> nephritis |

16.00-16.15 Coffee Break
16.15-17.15 Presentation and discussion of clinical cases

## Tuesday, May $14^{\text {th }}$

## Morning

Highlights on SLE treatment
Moderator: M. Schneider

| $09.00-09.30$ | G. Ruiz-Irastorza | New perspectives for old drugs: <br> corticosteroids |
| :--- | :--- | :--- |
| $09.30-10.00$ | N. Costedoat-Chalumeau | New perspectives for old drugs: <br> antimalarials |
| $10.00-10.30$ | C. Tani | New perspectives for old drugs: <br> immunosuppressive drugs |
| $\mathbf{1 0 . 3 0 - 1 1 . 0 0}$ | Coffee break | Resetting the immune system with <br> immunoablation and autologous |
| $11.00-11.30$ | T. Alexander | haematopoietic stem cell <br> transplantation in autoimmune <br> diseases |
| $11.30-12.00$ | L. Arnaud | Drug-induced SLE <br> Treat-to-target in SLE: yes or no? <br> $12.00-12.30$ |
| A.E. Voskuyl | M. Schneider | Patient-reported outcomes and <br> communication gaps in SLE |
| Afternoon  |  |  |
| Skin involvement | Moderator: C. Tani |  |


| $15.00-15.30$ | A. Kuhn |
| :--- | :--- |
| $15.30-16.00$ | V. Werth |
| $16.00-16.30$ | V. Smith |

16.30-16.45 Coffee break

## Case Study Workshop

| $16.45-17.15$ | E. Elefante | Management of cutaneous <br> manifestations in clinical practice |
| :--- | :--- | :--- |
| $17.15-18.15$ | Presentation and discussion of clinical cases |  |

Wednesday, May $15^{\text {th }}$
Morning
Moderators: A. Tincani, M. Östensen
$09.00-09.30 \quad$ Y. Shoenfeld The environment and autoimmunity
Pregnancy and SLE

| $09.30-10.00$ | A. Tincani | Contraception, prevention of infertility <br> and hormonal therapy in SLE |
| :--- | :--- | :--- |
| $10.00-10.30$ | M. Östensen | Drug therapy and toxicity in <br> pregnancy and lactation |

10.30-11.00 Coffee break

| $11.00-11.30$ | R. Fischer-Betz | Outcome of pregnancy in patients <br> with SLE and APS |
| :--- | :--- | :--- |
| $11.30-12.00$ | F. Strigini | Pregnancy and rheumatic diseases: <br> the obstetrician point of view |

Case Study Workshop

12.00-12.30 L. Andreoli $\quad$| Management of contraception and |
| :--- |
| pregnancy in clinical practice |

12.30-13.00 Presentation and discussion of clinical cases

## Afternoon: FREE

## Thursday, May $16^{\text {th }}$

## Morning

Assessment of SLE in clinical trials and routine clinical practice
Moderator: R. Cervera

| $09.00-09.30$ | M. Aringer | The new SLE classification <br> criteria |
| :--- | :--- | :--- |
| $09.30-10.00$ | M. Mosca | Low disease activity and <br> remission in SLE: where are |
| $10.00-10.30$ | A. Fanouriakis | we? |
| EULAR recommendations for |  |  |

11.00-11.30 R. Cervera

## Clinical exercise

11.30-12.00 The application of the EULAR/ACR 2019 SLE classification criteria in clinical practice
12.00-13.00 Presentation and discussion of clinical cases

## Afternoon

CNS involvement
Moderator: M. Govoni

| $15.00-15.30$ | P.L. Meroni | Pathogenesis of CNS <br> involvement in SLE |
| :--- | :--- | :--- |
| $15.30-16.00$ | M. Govoni | The picture of neuropsychiatric <br> lupus |
| $16.00-16.30$ | G. Bertsias | Treatment of NPSLE |

16.30-16.45 Coffee break

Case Study Workshop
16.45-17.15 A. Bortoluzzi

Differential diagnosis and management of neuropsychiatric lupus: from EULAR recommendations to real life
17.15-17.45 Presentation and discussion of clinical cases

Friday, May $17^{\text {th }}$
Morning
SLE and other conditions
Moderator: S. Bombardieri

| $09.00-09.30$ | F. Conti | Comorbidities and damage in SLE |
| :--- | :--- | :--- |
| $09.30-10.00$ | A. Goules | SLE and Sjögren's syndrome |
| $10.00-10.30$ | C. Tani | SLE and rheumatoid arthritis |
| $10.30-11.00$ | G. Orsolini | Osteoporosis: management in patients <br> with SLE |
| $11.00-11.30$ | S. Bombardieri | Closing remarks and course <br> conclusion |
| $11.30-12.00$ | Completion of CME tests and departure of participants |  |

## Pisa, Italy, May 12 ${ }^{\text {th }}-17^{\text {th }}, 2019$

General Information

## Venue:

Grand Hotel Duomo via Santa Maria 94, I-56126 Pisa, Italy

## Course Chairpersons:

Stefano Bombardieri
Marta Mosca

## Scientific Secretariat:

Chiara Tani
c/o Clinical Experimental Rheumatology, Via Santa Maria 31, I-56126 Pisa, Italy.
Phone (+39) 05040124 - Fax (+39) 050502299
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## Organizing Secretariat:

Luisa Marconcini, Elisa Baldacci
Clinical and Experimental Rheumatology, Via Santa Maria 31, I-56126 Pisa, Italy.
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Pisa, Italy, May $12^{\text {th }}-17^{\text {th }}, 2019$

## General Information

## Registration and accommodation fees

In order to attend the Course, participants are requested to complete the Registration Form and return it, with the payment to the Organizing Secretariat.
Fees per person, including full board ( 3 stars facilities) and all educational materials, are: $€ 1,100.00+$ VAT (double room); $€ 1,250.00+$ VAT (single room).
All prices cover full board and accommodation for the duration of the course (5 nights).
Personal extras are not included.

## Scholarships

Scholarships to attend the Course, covering registration, accommodation and full board, have been offered by EULAR, the Italian Society of Rheumatology (SIR) and "Gruppo LES Italiano"(Italian Lupus Patients Association). Preference has been given to European and Italian young rheumatologists (age below 40) or rheumatology trainees, coming from countries with relevant educational and financial needs. No more than one scholarship per centre has been awarded.

## Certificate of Attendance

A certificate of attendance to the Course will be given by the Secretariat.

# The "IX EULAR Scientifically Endorsed Course on Systemic Lupus Erythematosus" 

was made possible thanks to the generous unrestricted support of:
eular - European League Against Rheumatism (EULAR)

- Società Italiana di Reumatologia (S.I.R.)
- Italian Lupus Patients Association "Gruppo Italiano LES"
and
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- Università di Pisa

- Azienda Ospedaliero-Universitaria Pisana (AOUP)


> - European Reference Network on Connective Tissue and Musculoskeletal Diseases (ERN ReCONNET)


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